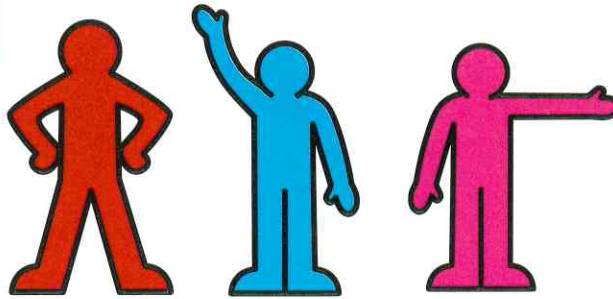


School Meals Menu

Winter / Spring 2019



Healthy Darlington
eat well, move more, live longer

| WEEK 1 | Monday | Tuesday | Wednesday SS | Thursday | Friday |
|-----------------|---|--|--|---|---|
| Week Commencing | Oven Baked Chicken Chunks served with Peas, Sweetcorn and Diced Potatoes | Pasta Bolognese or Lasagna served with Sweetcorn and Garlic Bread | Pork Loin Steak and Yorkshire Pudding served with Broccoli, Swede Mash and Creamed Potatoes | Homemade Chicken Curry served with Rice and Naan Bread | Oven Baked Fish Fingers with Tomato Sauce served with Baked Beans and Oven Baked Chips |
| 07/01/19 | Option 1 | | | | |
| 28/01/19 | | | | | |
| 25/02/19 | | | | | |
| 18/03/19 | Option 2 | | | | |
| 25/02/19 | | | | | |
| 18/03/19 | | | | | |
| | Option 3 | | | | |
| | | | | | |
| | | | | | |
| | Option 1 | Option 2 | Option 3 | Option 4 | Option 5 |
| | Peach Melba Sponge served with Custard | Cornflake Tart served with Custard | Chocolate Brownie served with a Glass of Milk | Lemon Love Cake served with Custard | Homemade Ginger Biscuit served with a Glass of Milk |

| WEEK 2 | Monday | Tuesday | Wednesday SS | Thursday | Friday SS |
|-----------------|--|--|---|--|---|
| Week Commencing | Margherita Pizza served with Sweetcorn and Diced Potatoes | Savoury Mince and Dumplings served with Broccoli, Carrots and Oven Baked Roast Potatoes | Roast Chicken and Yorkshire Pudding served with Peas, Cauliflower and Creamed Potatoes | Sausage Casserole served with Swede Mash and Diced Potatoes | Oven Baked Fish Cakes with Tomato Sauce served with Spaghetti Hoops and Oven Baked Chips |
| 14/01/19 | Option 1 | | | | |
| 04/02/19 | | | | | |
| 04/03/19 | | | | | |
| 25/03/19 | Option 2 | | | | |
| 04/02/19 | | | | | |
| 25/03/19 | | | | | |
| | Option 3 | | | | |
| | | | | | |
| | | | | | |
| | Option 1 | Option 2 | Option 3 | Option 4 | Option 5 |
| | Jacket Potato served with Baked Beans and Cheese | Macaroni Cheese served with Peas and Garlic Bread | Roast Quorn and Yorkshire Pudding served with Broccoli, Mixed Vegetable and Creamed Potatoes | Neapolitan Pasta served with Garlic Bread | Cheese and Sweet Potato Pie served with Spaghetti Hoops and Oven Baked Chips |
| | Option 1 | Option 2 | Option 3 | Option 4 | Option 5 |
| | Orange Sponge served with Chocolate Sauce | Homemade Creamy Rice Pudding served with Jam Sauce | Flapjack served with a Glass of Milk | Hot Chocolate Fudge Cake served with Custard | Mini Pancakes served with Sliced Bananas and Chocolate Sauce |

| WEEK 3 | Monday | Tuesday | Wednesday SS | Thursday SS | Friday Fish |
|-----------------|---|---|--|---|---|
| Week Commencing | Oven Baked Sausage served with Oven Baked Diced Potatoes and Baked Beans | Chicken in a Rich Tomato Sauce served with Pasta, Sweetcorn and Garlic Bread | Roast Turkey and Yorkshire Pudding served with Carrots, Cauliflower and Mashed Potatoes | Chicken and Sweet Potato Balti served with Rice and Naan Bread | Salmon Fillet with Tomato Sauce served with Garden Peas and Oven Baked Chips |
| 21/01/19 | Option 1 | | | | |
| 11/02/19 | | | | | |
| 11/03/19 | | | | | |
| 01/04/19 | Option 2 | | | | |
| 11/02/19 | | | | | |
| 01/04/19 | | | | | |
| | Option 3 | | | | |
| | | | | | |
| | | | | | |
| | Option 1 | Option 2 | Option 3 | Option 4 | Option 5 |
| | Marble Sponge served with Pink Sauce | Homemade Ginger Sponge served with White Sauce | Angel Delight served with Shortbread Finger | Homemade Cornflake Tart served with Custard | Australian Crunch served with a Glass of Milk |

Available Daily: Fresh fruit platter, **SS** low fat fruit yoghurt, Bread and Californian Golden Raisins and Dinosaur Cheese and Crackers

Seasonal Stars - cauliflower, swede, oranges, sweet potato and bananas are in season and our super star fruit and veg for this menu - delicious!



All our Pork, Beef, Chicken and Turkey has been certified under the Red Tractor Scheme as a sign of quality food you can trust.

