

Happy Families

Dealing with challenging behaviour
Good communication
Creating family time



This is a free course for practical parenting tips for parents, grandparents and carers of children aged between 5 - 11 years olds including reflecting on parenting styles, positive communication, managing challenging behaviour and promoting self esteem. A crèche *may* be available



St Teresa's Primary School
Starting Thursday 28th February
6 week course
1.15pm - 3.15pm

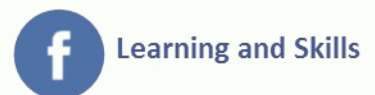
Refreshments including hot drinks and biscuits will be available

Booking is not essential. For more information please contact Ang Markham:

Tel: 01325 380754

Email: l&s@darlington.gov.uk

Web: www.darlington.gov.uk/learningandskills



Alternatively please leave your details with the school reception

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“Learning for Life”