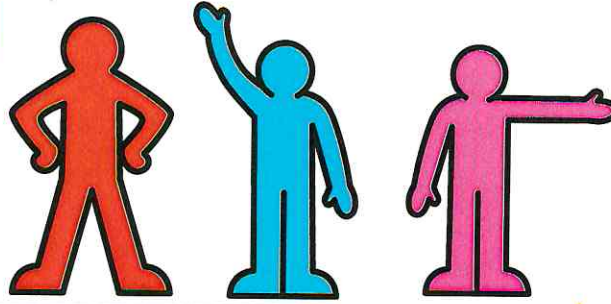


School Meals Menu

Autumn / Winter 2017



Healthy Darlington
eat well, move more, live longer

WEEK 1

Monday	Tuesday	Wednesday SS	Thursday SS	Friday SS
Week Commencing 04/09/17 25/09/17 16/10/17	Toad in the Hole served with Cauliflower, Peas and Creamed Mashed Potatoes	Margherita Pizza served with Sweetcorn and Diced Potatoes	Roast Pork Loin served with Yorkshire Pudding, Carrots, Broccoli and Roast Potatoes	Homemade Chicken and Sweet Potato Lentil Balti served with Rice and Naan Bread
13/11/17 04/12/17	Jacket Potato served with Baked Beans and Cheese	Pasta Neapolitan served with Sweetcorn and Diced Potatoes	Roast Quorn served with Yorkshire Pudding, Carrots, Broccoli and Roast Potatoes	Birds Eye Omega 3 Fish Fingers and Tomato sauce served with Peas, Sweetcorn and Oven Baked Chips
	American Sweet Pancakes served with Banana and Chocolate Sauce	Cornflake Tart served with Custard	Raspberry Muffin served with Milkshake	Cheese and Sweet Potato Pie served with Peas, Sweetcorn and Oven Baked Chips
			Homemade Ginger Sponge served with White Sauce	Homemade Chocolate and Mandarin Brownie served with a Glass of Milk

WEEK 2

Monday	Tuesday SS	Wednesday SS	Thursday SS	Friday
Week Commencing 11/09/17 02/10/17 30/10/17	Barbeque Chicken Fillet Wrap served with Sweetcorn and Diced Potatoes	Homemade Turkey and Vegetable Pie served with Broccoli, Carrots and Creamed Potatoes	Pasta Bolognaise served with Mixed Salad, Grated Carrot and Garlic Bread	Harry Ramsden Salmon Fillet served with Peas and Oven Baked Chips
20/11/17 11/12/17	Jacket Potato served with Baked Beans and Cheese	Homemade Cheese and Sweet Potato Pie served with Broccoli, Carrots and Creamed Potatoes	Jacket Potato served with Baked Beans and Cheese	Macaroni Cheese served with Peas and Garlic Bread
	Hot Chocolate Fudge Cake served with Custard	Apple Sponge served with Custard	Chocolate Krispy Cakes served with Milk.	Homemade Crunchy Biscuits served with a Glass of Milk

WEEK 3

Monday SS	Tuesday SS	Wednesday SS	Thursday	Friday
Week Commencing 18/09/17 09/10/17 06/11/17	Homemade Savoury Mince and Dumplings served with Broccoli, Swede and Creamed Potatoes	Chicken Bites Wrap served with Mixed Salad, Grated Carrots and Diced Potatoes	Roast Turkey served with Yorkshire Pudding, Peas, Carrots and Roast Potatoes	Chicken and Homemade Tomato Sauce Pasta Bake served with Garlic Bread and Sweetcorn
27/11/17 18/12/17	Macaroni Cheese served with Broccoli and Garlic Bread	Jacket Potato served with Baked Beans and Cheese	Roast Quorn served with Yorkshire Pudding, Peas, Carrots and Roast Potatoes	Jacket Potato served with Baked Beans and Cheese
	Orange Sponge served with Chocolate Sauce	Australian Crunch served with Peppermint Sauce	Homemade Melting Moments served with Milkshake	Autumn Pudding with Apples, Pears and Blackberries served with Custard
				Birds Eye Chunky Fish Fingers served with Baked Beans and Oven Baked Chips
				Homemade Cheese and Tomato Whirl served with Baked Beans and Oven Baked Chips
				Fruit Jelly Delight

Available Daily: Fresh fruit platter, **SS** low fat fruit yoghurt, Bread and Californian Golden Raisins and Dinosaur Cheese and Crackers

Seasonal Stars – sweet potato, swede, broccoli, carrot, apples, and blackberries are in season and our super star fruit and veg for this menu – delicious!



All our Pork, Beef, Chicken and Turkey has been certified under the Red Tractor Scheme as a sign of quality food you can trust.

